

# **Ripening The Fruits of Our Soul: A Year Long Walk Discovering Wisdom in a Troubled World**

**Facilitated by Susan King**



We are living in a time in history when chaos appears to be overtaking and obscuring our connection to the sacred. Finding ways to unlock and discover pathways to the sacred in everyday life brings us face-to-face with our true life, light and Wisdom's ways.

This year-long virtual and in-person workshop series is aimed at allowing us to experience 12 ancient Celtic spiritual practices in both an inward personal way as well as in a community setting.

Participants are encouraged to join one of several 'in person' gathering sites for a 4 day retreat at the beginning of the year and again at the end of the year. Each of the sites will be connected via zoom to create the larger communal aspects of our work together. We will then gather individually via zoom one evening each month to share our experiences with the particular practice.

Each month we will go out into nature with a new practice and listen, ponder, inquire and engage with the wisdom and knowledge resident in the elemental, plant, animal, and spiritual realms. Just as the spiritual practices of the Abrahamic stream braid Jewish, Christian and Islamic knowledge that encourages wisdom to arise, every person on this year-long retreat will be encouraged to bring the wisdom they have gleaned from within their own spiritual/religious traditions. This braiding will work to enhance and enrich the experiences for us all.

## **Time and Space Details**

First retreat: June 22-25, 2023.

Monthly Zoom Sessions: Second Thursday of the month 7-9pm EDT.

Closing Retreat: May 20-23, 2024.

Rereat Sites: Beaver Island, MI; Chelsea, MI; Praxis Retreat Center, Elwood, TX (other sites are welcome)

Cost: Help us create a new system of energy exchange. What is the 'right' type of giving for you to value, pay attention, and prioritize this important work. Is it money? Is it time? Is it resources? Think about it and find your own way of giving. One suggestion is 25.00 per day for the retreats to cover food and incidentals. Let me know if you need ideas. Contact Susan King at [sbking@umich.edu](mailto:sbking@umich.edu) for more information or to sign up.

Maximum of 25 people